

NOVENA TO
Saint Anne

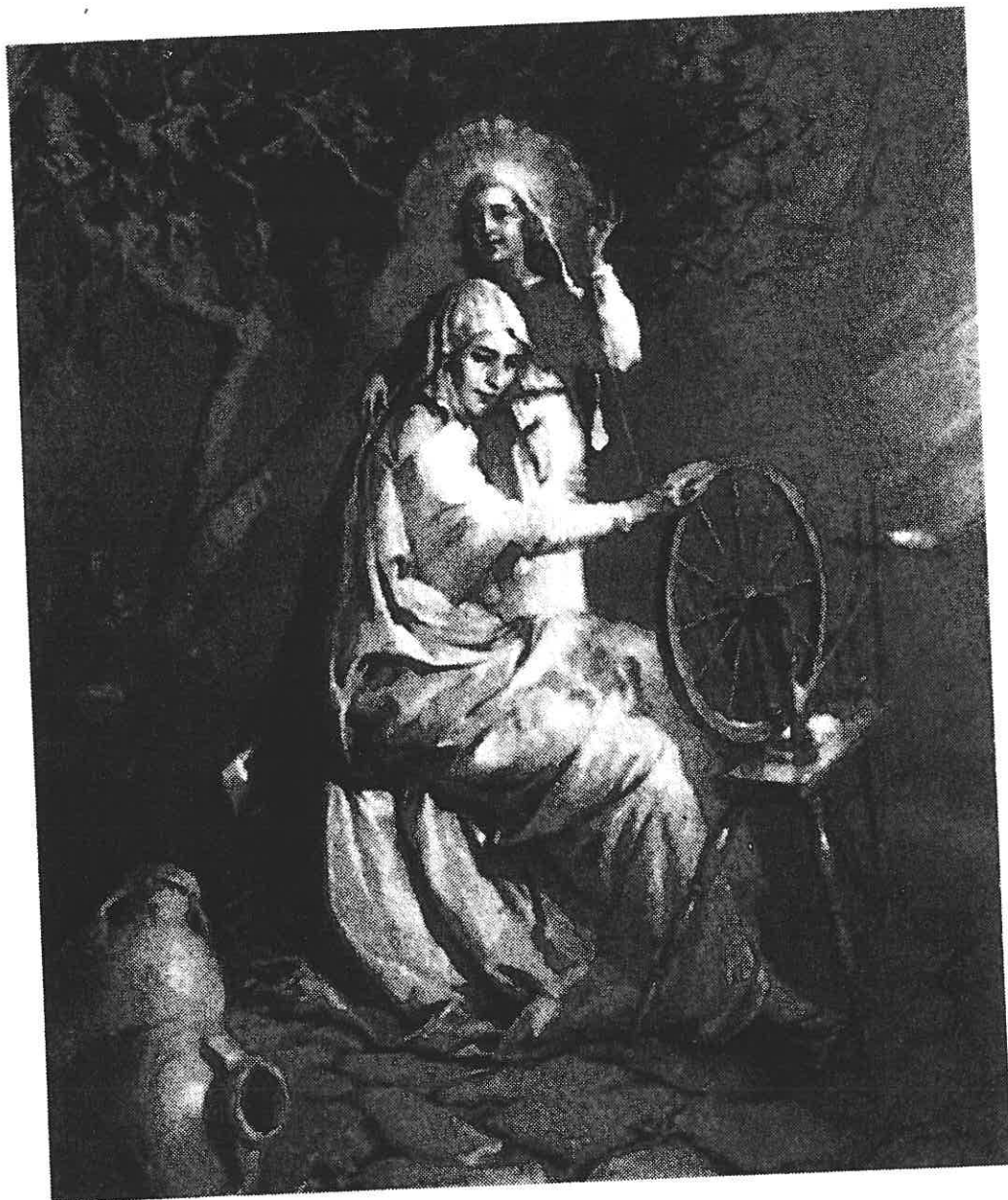


G LORIOUS Saint Anne † filled with compassion for those who invoke thee † with love for those who suffer † heavily laden with the weight of my troubles † I cast myself at thy feet † and humbly beg of thee to take the present affair which I recommend to thee † under thy special protection. [*Here mention your intentions.*] † Vouchsafe to recommend it to thy daughter † the Blessed Virgin Mary † and lay it before the throne of Jesus † so that He may bring it to a happy issue. † Cease not to intercede for me † until my request is granted. † Above all, obtain for me the grace † of one day beholding my God face to face † and with thee and Mary and all the saints † praising and blessing Him † through all eternity. Amen.

Our Father ✠ Hail Mary ✠ Glory Be To The Father
First Day



G REAT Saint Anne † engrave indelibly in my heart † and in my mind † the words which have reclaimed and sanctified so many sinners: † "What shall it



Saint Anne and the Virgin

Adam Stryka

profit a man to gain the whole world † if he lose his own soul?" † May this be the principal fruit of these pious exercises † by which I will strive to honor thee † during this Novena. † At thy feet I renew my resolution to invoke thee daily † not only for the success of my temporal affairs † and to be preserved from sickness and suffering, † but above all, † that I may be preserved from all sin, † that I may gain the victory † over my depraved inclination † and that I may succeed † in working out my eternal salvation. † O my powerful Protectress, † do not let me lose my soul, † but obtain for me † the grace of winning my way to heaven, † there with thee, † thy blessed spouse † and thy glorious daughter, † to sing the praise † of the most holy and adorable Trinity † forever and ever. Amen.

Our Father ✠ Hail Mary ✠ Glory Be To The Father

Practice: Honor Good Saint Anne all the days of your life, by some prayer or short ejaculation.

Second Day

LORIOUS Saint Anne † how canst thou be otherwise than overflowing with tenderness † toward poor sinners like myself, † since thou art the grandmother of Him † Who shed His Blood for them, † and the mother of her † whom the saints call the advocate of sinners? † To thee, therefore, † I address my prayers with confidence. † Vouchsafe to

commend me to Jesus and Mary † so that, at thy request, † they may grant me remission of my sins, † perseverance, † the love of God, † charity for all mankind, † and the special grace [*here mention your intentions* †] of which I stand in need at this present time. † O my powerful Protectress, † let me not lose my soul, † but obtain for me that, † through the merits of Jesus Christ † and the intercession of Mary, † I may have the happiness of seeing them, † of loving and praising them with thee † for all eternity. Amen.

Our Father ✠ Hail Mary ✠ Glory Be To The Father

Practice: When you pray to Saint Anne do not fail to ask of her the love of Jesus and Mary. It is the most beneficial prayer you can offer and it will always be granted.

Third Day

ELOVED of Jesus, Mary and Joseph, † Mother of the Queen of Heaven, † take us, and all who are dear to us, † under thy special care. † Obtain for us the virtues † thou didst instill into the heart of her † who was destined to become the Mother of God, † and the graces with which thou wast endowed. † Sublime model of Christian womanhood! † Pray that we may imitate thy example † in our homes and families, † listen to our petitions, † and obtain our requests. † Guardian of the infancy and childhood † of

the most Blessed Virgin Mary, † obtain the graces necessary for all † who enter the marriage state, † that imitating thy virtues they may sanctify their homes, † and lead the souls entrusted to their care † to eternal glory. Amen.

Our Father ✠ Hail Mary ✠ Glory Be To The Father

Practice: Ask of God, through the intercession of Saint Anne and of Saint Joachim, the virtues proper to your state of life and the grace to worthily fulfill all its obligations.

Fourth Day

LORIOUS Saint, I kneel in confidence at thy feet † for thou also hast tasted the bitterness and sorrow of life. † My necessities, the cause of my tears, † are as follows: [*Here mention your intention* †]. Good Saint Anne, † thou, who didst suffer much † during the twenty years that preceded thy glorious maternity, † I beseech thee, by all thy sufferings and humiliations, † to grant my prayer. † I pray thee, through thy love for thy glorious spouse, † through thy love for thy immaculate child, † through the joy thou didst feel at the moment of her happy birth, † not to refuse me. † Bless me, † bless my family and all who are dear to me, † so that some day we may all be with thee † in the glory of heaven † for all eternity. Amen.

Our Father ♣ Hail Mary ♣ Glory Be To The Father

Practice: Patience under suffering is the shortest road to heaven, and a great sign of predestination. When crosses overtake you, ask Saint Anne to give you patience and resignation to bear them.

Fifth Day



REAT Saint, how far I am from resembling thee, † I so easily give way to impatience and discouragement; † and so easily give up praying † when God does not at once grant my request. † That is why I am so wretched † and so poor in virtue. † Prayer is the key to all heavenly treasures † and I cannot pray, because my weak faith † and languid confidence fail me † at the slightest delay of divine mercy. † O my powerful Protectress, † come to my aid, † cause my confidence and fervor, † supported by the promises of Jesus Christ, † to redouble in proportion † as the trial to which God in His goodness subjects me † is prolonged, † that I may thus obtain, like thee, † more than I can venture to ask. † In future I will remember † that I am made for heaven † and not for earth, † for eternity and not for time; † that consequently I must ask, above all, † the salvation of my soul † which is assured to all who pray properly † and who persevere in prayer. Amen.

Our Father ♣ Hail Mary ♣ Glory Be To The Father

Practice: One of the greatest graces you can ask of God through Saint Anne's intercession, is unshaken confidence in the promise made by Jesus to those who pray.

Sixth Day

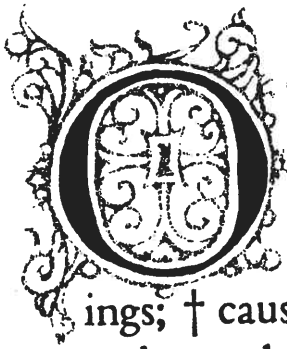
LORIOUS Saint Anne, † mother of the august Mother of God, † I beg thee to obtain, through thy intercession, † the pardon of my sins † and the assistance I need in my troubles. † What can I not hope for † if thou deignest to take me under thy protection? † The Most High has been pleased † to grant the prayers of sinners † whenever thou has been charitable enough † to be their advocate.

Humbly prostrate at thy feet, † I beg thee to help me † in all spiritual and temporal dangers; † to guide me in the true path of Christian perfection, † and finally, to obtain for me † the grace of ending my life † with the death of the just, † so that I may contemplate face to face † thy beloved Jesus † and thy daughter Mary † in thy loving companionship throughout eternity. Amen.

Our Father ❖ Hail Mary ❖ Glory Be To The Father

Practice: Invoke Saint Anne's aid whenever God requires you to make a painful and difficult sacrifice; she will make it easier for you.

Seventh Day



GOOD Saint Anne, † so justly called the mother of the infirm, † the cure of those who suffer from disease, † look kindly upon the sick for whom I pray; † alleviate their sufferings; † cause them to sanctify their sufferings by patience † and complete submission to the divine will; † finally deign to obtain health for them † and with it the firm resolution † to honor Jesus, Mary and thyself † by the faithful performance of duties. † But, merciful Saint Anne, I ask thee above all, † salvation of the soul, † rather than bodily health, † for I am convinced that this fleeting life is given us † solely to assure us a better one. † Now, we cannot obtain that better life † without the help of God's graces. † I earnestly beg them of thee † for the sick and for myself, † the merits of Our Lord Jesus Christ, † through the intercession of His Immaculate Mother † and through thy efficacious and powerful mediation, † O glorious Saint Anne. Amen.

Our Father ♣ Hail Mary ♣ Glory Be To The Father

Practice: A sure way of making yourselves dear to Saint Anne is to be charitable to your brethren, all of whom are her children. Apply yourselves to relieving their corporal necessities; be zealous for their salvation; never let a day pass

without praying for the conversion of sinners and the deliverance of the souls in Purgatory.

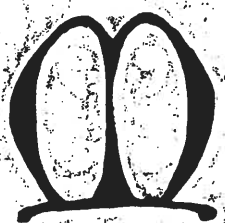
Eighth Day

REMEMBER, O Saint Anne, † thou whose name signifieth grace and mercy † that never was it known † that anyone who fled to thy protection, † implored thy help † and sought thy intercession, † was left unaided. † Inspired with this confidence, † I fly unto thee, good and kind mother; † I take refuge at thy feet † and sinful as I am, † I venture to appear before thee, † groaning under the weight of my sins. † O holy Mother of the Immaculate Virgin Mary, † despise not my petitions † but hear me and grant my prayer. Amen.

Our Father ♣ Hail Mary ♣ Glory Be To The Father

Practice: Holiness is the highest gift to which a creature can aspire. With the aid of divine grace you can obtain it. God even commands you to strive for it with all your might: for that reason are you a Christian. Make the resolution to do everything in your power to win that treasure. There have been Saints in all conditions of life; why cannot you, with the help of God, do what they have done?

Ninth Day



MOST HOLY Mother of the Virgin Mary, † glorious Saint Anne, † I, a miserable sinner, † confiding in thy kindness, † choose thee today as my special advocate. † I offer and consecrate my person and all my interests † to thy care and maternal solicitude. † I purpose to serve and honor thee † all my life † for the love of thy most holy daughter † and to do all in my power † to spread devotion to thee. †

○ my very good Mother and advocate, † deign to accept me as thy servant † and to adopt me as thy child. † O glorious Queen, I beg thee, † by the Passion of my most loving Jesus, † the Son of Mary, † thy most holy daughter, † to assist me in all the necessities † both of my body and my soul. † Venerable Mother, I beg thee to obtain for me † the grace of leading a life † perfectly conformable in all things † to the divine will. † I place my soul in thy hands † and in those of thy kind daughter; † I confide it to thee, above all † at the moment, † when it will be about to separate itself from my body † in order that † appearing under thy patronage before the Supreme Judge, † He may find it worthy of enjoying His divine presence † in thy holy companionship in heaven. Amen.

Our Father ♣ Hail Mary ♣ Glory Be To The Father

Practice: Pray daily to Saint Anne for the love of Jesus and Mary and for victory over that evil inclination which is most hurtful to your soul.

Litany in Honor of Saint Anne

(For Private Devotion)

Lord, have mercy on us. <i>Christ, have mercy on us.</i> Lord, have mercy on us. <i>Christ, hear us.</i> <i>Christ, graciously hear us.</i> God the Father of Heaven, <i>Have mercy on us.</i> God the Son, Redeemer of the world, <i>Have mercy on us.</i> God the Holy Ghost, <i>Have mercy on us.</i> Holy Trinity one God, <i>Have mercy on us.</i> Saint Anne <i>Pray for us.</i> Saint Anne, Mother of the Virgin Mary, <i>Pray for us.</i> Saint Anne, Spouse of Saint Joachim, <i>Pray for us.</i> Saint Anne, Ark of Noah, <i>Pray for us.</i> Saint Anne, Ark of the Covenant, <i>Pray for us.</i> Saint Anne, Joy of Angels, <i>Pray for us.</i>	Saint Anne, Grace of Patriarchs, <i>Pray for us.</i> Saint Anne, Oracle of Prophets, <i>Pray for us.</i> Saint Anne, Praise of all Saints, <i>Pray for us.</i> Saint Anne, Mirror of Obedience, <i>Pray for us.</i> Saint Anne, Mirror of Patience, <i>Pray for us.</i> Saint Anne, Mirror of Compassion, <i>Pray for us.</i> Saint Anne, Mirror of Devotion, <i>Pray for us.</i> Saint Anne, Mirror of Piety, <i>Pray for us.</i> Saint Anne, Bulwark of the Church, <i>Pray for us.</i> Saint Anne, Deliverer of Captives, <i>Pray for us.</i>
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Saint Anne, Mother of Wid-
ows,

Pray for us.

Saint Anne, Mother of Vir-
gins,

Pray for us.

Saint Anne, Mother of the
Sick,

Pray for us.

Saint Anne, Light of the
Blind,

Pray for us.

Saint Anne, Tongue of the
Dumb,

Pray for us.

Saint Anne, Hearing of the
Deaf,

Pray for us.

Saint Anne, Comforter of the
Afflicted,

Pray for us.

Saint Anne, never invoked
without answer,

Pray for us.

Lamb of God, Who takest
away the sins

of the world,

Spare us, O Lord.

Lamb of God, Who takest
away the sins

of the world,

Graciously bear us, O Lord.

Lamb of God, Who takest
away the sins

of the world,

Have mercy on us.

℣. Pray for us, Saint Anne.

℟. That we may be made worthy of the promises of Christ.

Let Us Pray

 GOD, Who didst vouchsafe to endow Blessed Saint
Anne with grace that she was found worthy to be the
mother of her who brought forth Thine only-begotten
Son, grant in Thy grace, that we who devoutly honor her
memory, may through her prayers attain everlasting life,
through Jesus Christ our Lord. Amen.

HYMN

To Kneel at Thine Altar

page 361

BENEDICTION OF THE MOST BLESSED SACRAMENT

HYMN Tantum Ergo *page 369*

THE DIVINE PRAISES *page 328*

ROSARY OF SAINT ANNE

This Rosary consists of the recitation of the following Prayers:

1. *In honor of Jesus.*

One Our Father.

Five Hail Marys.

After each Hail Mary say:

Jesus, Mary and Saint Anne, grant the favor I ask.

2. *In honor of Mary.*

One Our Father.

Five Hail Marys.

After each Hail Mary say:

Jesus, Mary and Saint Anne, grant the favor I ask.

3. *In honor of Saint Anne.*

One Our Father.

Five Hail Marys.

After each Hail Mary say:

Jesus, Mary and Saint Anne, grant the favor I ask.

INDULGENCED PRAYER

*Indulgence of 300 Days-Once a Day (Enchiridion
Indulgentiarum No. 494)*

FEAST DAY PRAYER

July 26

WITH DEEP and heartfelt veneration I prostrate myself before thee, O glorious Saint Anne. Thou art that creation of privilege and predilection, who through thy extraordinary virtues and sanctity wast worthy to receive from God, the supreme grace of giving life to the treasure-house of all graces, blessed among women, Mother of the Word Incarnate, the most holy Virgin Mary. Deign, therefore, O most compassionate Saint, for the sake of this lofty privilege, to receive me into the number of thy true followers, for such I protest I am and desire to remain so long as I may live. Surround me with thy powerful patronage, and obtain for me from God the grace to imitate those virtues with which thou wast so abundantly adorned. Grant that I may know and bitterly lament my sins. Obtain for me a most lively affection for Jesus and Mary, and fidelity and constancy in the practice of the duties of my state. Preserve me from every danger in life, and assist me in the moment of my death, so that, safe in Paradise, I may unite with thee, most blessed Mother, in praising the Word of God made man in the bosom of thy most pure child, the Virgin Mary.

Our Father ✠ Hail Mary ✠ Glory Be To The Father
(Five times)

Good, Saint Anne, pray for us!
Jesus, Mary, Anne.